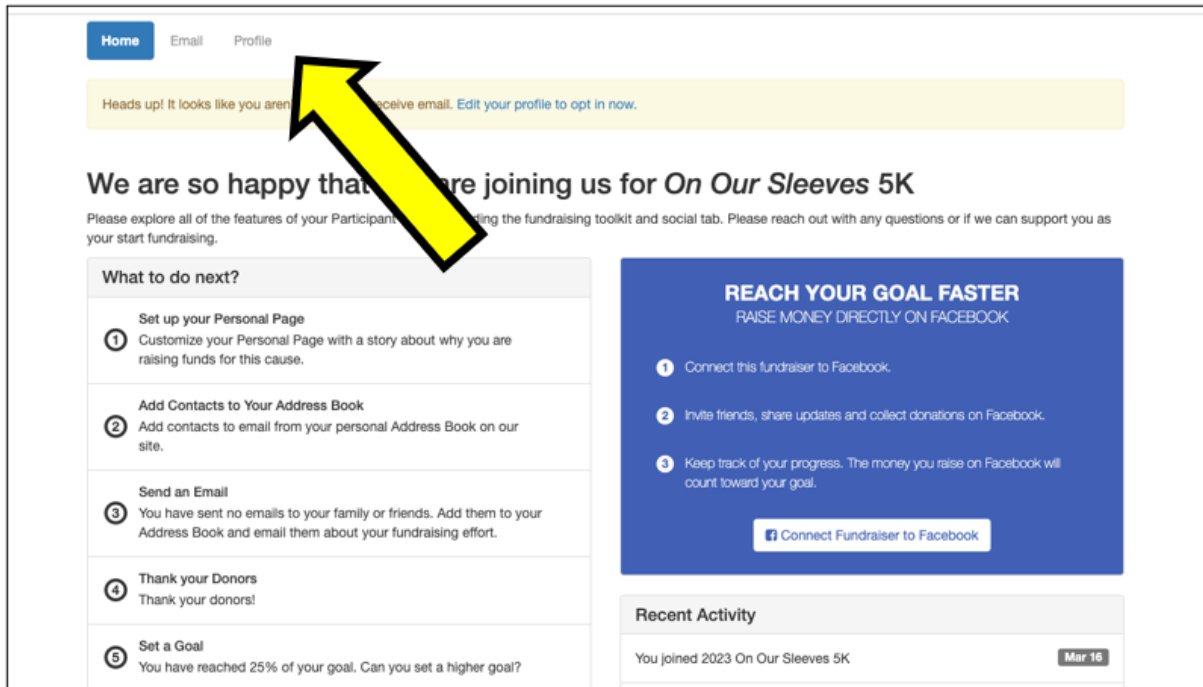


Logging Your 5K

Virtual On Our Sleeves 5K participants can track their cumulative mileage in your Participant Center! Here's how:

1. At the top of your Participant Center, click **Profile**.



1. Click **Questions** then update the total **cumulative number** of miles you've completed and click **Save**.

The screenshot shows the 'Our Sleeves 5K' header with 'Help' and 'Log Out' links. The navigation bar includes 'Home', 'Email', and 'Profile' buttons, with 'Profile' selected. Below the navigation bar, there are 'Profile', 'Questions', and 'Event Options' tabs, with 'Questions' selected. The main content area is titled 'Survey Responses' and contains the question: 'What is your cumulative mileage? Please use only numbers and record in miles, for example, 1.5.' Below the question is a text input field, a 'Reset' button, and a 'Save' button.